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**PREVENT & PROTECT**  
Through **SUPPORT**

**How can prevention  
help individuals who  
fear they might offend?**

One way prevention can help people who fear they might offend is by providing them with options for support services that can help them control their sexual behaviour towards children.

There are many different approaches and interventions to help individuals who fear they might offend. Often there is an **individualised treatment plan** for each person according to their needs.

When it comes to treatment of individuals who are worried about their sexual behaviours towards children, an agreement would be made on the common goal to not offend and therefore the management of risk for problematic sexual behaviour.

It can usually be understood as a training of awareness of thoughts, actively coping with emotions and changing behavioural patterns to reduce distress, achieve health and building a better life.

Treatment can thereby  
reduce risk and  
prevent offending  
against children.